

# What's New & Novel with Nuclides & Neuroendocrine Neoplasms?

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## Disclosures

- I have nothing to disclose



## Objectives

- Explain treatment strategies for symptom management in patients with carcinoid syndrome
- Recognize the role of current anticancer therapies in the management of gastrointestinal neuroendocrine tumors
- Discuss the evolving use of theranostics within gastrointestinal neuroendocrine tumors
- Describe the complexities and intricacies involved with lutetium-177 dotatate therapy



## Neuroendocrine Tumors (NETs)

**CLINICAL PRESENTATIONS AND DIAGNOSIS\***

**Neuroendocrine tumors of the gastrointestinal tract, lung, and thymus (carcinoid tumors)**  
 Clinical presentations:  
 • Duodenal (See NET-1)  
 • Jejunal, ileal, colon (See NET-1)  
 • Appendix (See NET-2)  
 • Rectal (See NET-3)  
 • Gastric (See NET-4)  
 • Thymus (See NET-5)  
 • Bronchopulmonary, atypical lung carcinoid (See NET-6)  
 • Locoregional advanced disease and/or distant metastases  
 • Bronchopulmonary-thymus (See NET-4)  
 • GI Tract (See NET-1-5)  
 • Carcinoid Syndrome (See NET-11)

**Neuroendocrine tumors of the pancreas\***  
 Clinical presentations:  
 • Nonfunctioning pancreatic tumors (See PanNET-1)  
 • Gastrinoma (See PanNET-2)  
 • Insulinoma (See PanNET-3)  
 • Glucagonoma (See PanNET-4)  
 • VIPoma (See PanNET-5)  
 • Locoregional unresectable disease and/or distant metastases (See PanNET-7)

**Neuroendocrine tumors of unknown primary (See NUP:1)\***  
 Adrenal gland tumors (See AGT:1)\*  
 Pheochromocytoma/paraganglioma (See PHEO:1)

**Poorly differentiated neuroendocrine carcinoma/Large or small cell carcinoma, other than lung (See PDNEC:1)**

**Multiple endocrine neoplasia, type 1 (See MEN1:1)**  
 • Parathyroid  
 • Pancreatic neuroendocrine tumors (PanNETs)  
 • Pituitary tumor

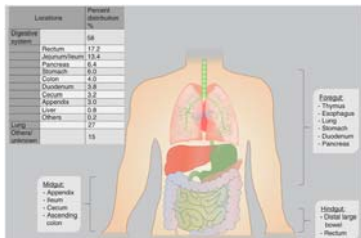
**Multiple endocrine neoplasia, type 2 (See MEN2:1)**  
 • Medullary thyroid carcinoma (Also see NCCN Guidelines for Thyroid Carcinoma)  
 • Parathyroid  
 • Pheochromocytoma

**Merkel cell carcinoma (See NCCN Guidelines for Merkel Cell Carcinoma)**

[https://www.nccn.org/professionals/physician\\_gls/pdf/neuroendocrine.pdf](https://www.nccn.org/professionals/physician_gls/pdf/neuroendocrine.pdf)



## Anatomic Classification & Grading



Grade	Nomenclature	GEP-NET Criteria (ENETS, WHO)
G1 NET	Well-differentiated, low grade	<2 mitoses/ 10 hpf AND <3% Ki67 index
G2 NET	Well-differentiated, intermediate grade	2-20 mitoses/ 10 hpf OR 3-20% Ki67 index
G3 NET	Well-differentiated, high grade	>20 mitoses/ 10 hpf OR >20% Ki67 index
G3 NEC	Poorly differentiated, high grade, small/large cell	

Pancreas 2010;39:707-12.  
 Neuroendocrine Tumorigenesis. In: Haybaeck J. 2017;(2):141-6.



## Background: Gastroenteropancreatic Neuroendocrine Tumors (GEP-NETs)

- Incidence
  - 3.56 per 100,000 persons/year
- Prognosis depends on stage, histologic grade, & site of origin

Table 3. Median Survival of Distant Stage G1/G2 NETs Diagnosed From 2000-2012

Primary Tumor Site	Median Survival (months)	Survival Rate (%)	
		3-year	5-year
Appendix	NA	NA	NA
Cecum	98	70	61
Colon	14	33	29
Lung	24	39	32
Pancreas	60	62	50
Rectum	33	48	28
Small Intestine	103	80	69
Stomach	29	45	32

\*NA = not assessed due to small numbers  
 JAMA Oncol. 2017;3(10):1335-1342.



## Carcinoid Syndrome

Symptoms	Frequency	Mediators
Profuse Flushing	85%-90%	Kalitrein, histamine, 5-hydroxytryptamine, prostaglandins, substance P
Diarrhea	70%	Gastrin, histamine, 5-hydroxytryptamine, prostaglandins, vasoactive intestinal peptide
Abdominal Pain	35%	Small bowel obstruction due to tumor or tumor products, mesenteric ischemia, hepatomegaly
Bronchospasm	15%	Histamine, 5-hydroxytryptamine
Pellagra	5%	Niacin deficiency
Hypotension	30%	5-hydroxytryptamine, substance P
Telangiectases	25%	N/A

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## Management of Carcinoid Syndrome

- Liver directed therapies
  - Cytoreductive surgery, ablation, embolization
- Systemic therapies
  - Treat underlying malignancy
  - Somatostatin analogues
  - Antidiarrheal agents
    - Loperamide
    - Diphenoxylate/atropine
    - Tincture of opium
    - Antihistamines
    - Bile acid sequestrants
    - Pancreatic enzyme supplementation
    - 5HT-3 antagonists
    - Telotristat

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## Telotristat (Xermelo™)

- Serotonin synthesis inhibitor
- FDA approved February 2017
- 250 mg TID with food
  - No renal/hepatic dose adjustments
- Interactions
  - CYP3A4 inducer
  - Administer short-acting octreotide >30 minutes after telotristat when given concomitantly
- Limited distribution network
- \$5,683/month

TOPA

## Initial Experience: Telotristat

Metastatic NETs w/ carcinoid diarrhea despite octreotide (n=23)

3:1 Randomization

- Telotristat ascending dose cohort of 150, 250, 350, & 500mg TID (n=18)
- Placebo (n=5)

Endpoints

- BM frequency
- 24h urine 5-HIAA

Outcomes:

- 4-12 BMs/day x 3 months
- Stable/no use of concomitant anti-diarrheal agents
- Karnofsky PS ≥ 70

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## Initial Experience: Telotristat

Extent of Exposure and Efficacy by Treatment Group

	Placebo n=7	150 mg TID n=3	250 mg TID n=3	350 mg TID n=9	500 mg TID n=9	Final telotristat dose n=18
<b>BM Frequency (Initial Response)</b>						
Baseline Mean	5.3	8.0	8.9	5.8	6.5	6.3
BM Frequency, n(Range)	(4-8)	(5-10)	(5-9)	(5-7)	(4-9)	(4-10)
<b>Clinical Responders (n/total) (%)</b>	0/7 (0)	1/3 (33)	2/3 (67)	0/9 (0)	2/9 (22)	5/18 (28)
Mean change daily BM Frequency, Week 4	-0.8	-1.4	-2.2	-1.2	-0.7	-1.2
<b>Urine 5-HIAA (Biochemical Response)</b>						
Baseline Mean	100.94	21.53	2.4	3.33	105.2	56.8
u5-HIAA, mg/24h (Range)	(6.3-246.0)	(4.8-117.0)	(1.7-3.0)	(2.8-3.9)	(8.4-217.0)	(2.8-217)
<b>Biochemical Responders at Week 2 (n/total) (%)</b>	0/7 (0)	2/3 (67)	1/3 (33)	0/9 (0)	6/9 (75)	9/18 (50)
<b>Patient-reported subjective relief</b>						
Week 1 (n/total) (%)	0/4 (0)	1/3 (33)	1/3 (33)	0/9 (0)	4/9 (44)	6/18 (33)
Week 2 (n/total) (%)	0/7 (0)	2/3 (67)	1/3 (33)	0/9 (0)	2/9 (25)	5/18 (28)
Week 3 (n/total) (%)	0/7 (0)	1/2 (50)	1/3 (33)	1/9 (11)	2/9 (25)	5/18 (28)
Week 4 (n/total) (%)	0/4 (0)	1/2 (50)	2/3 (67)	1/2 (50)	2/3 (33)	6/13 (46)

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## Phase III Experience: Telotristat

Metastatic NETs w/ carcinoid diarrhea despite SSA (n=135)

1:1:1 Randomization

- Telotristat 250 mg TID (n=45)
- Telotristat 500 mg TID (n=45)
- Placebo (n=45)

Primary endpoint

- BM frequency

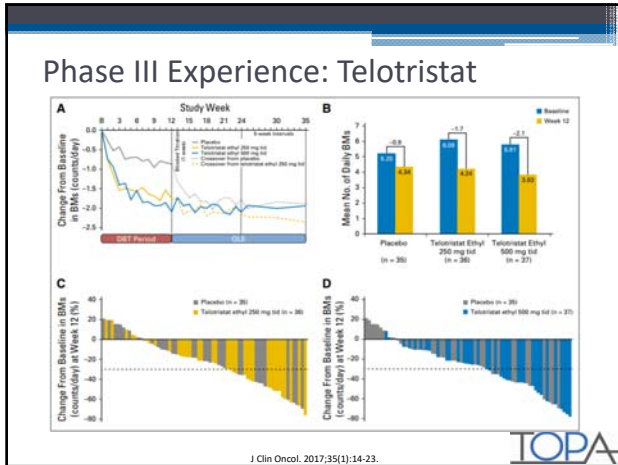
Secondary endpoints

- 24h urine 5-HIAA
- Flushing
- Abdominal pain
- QOL

Outcomes:

- 4-12 BMs/day
- Karnofsky PS ≥ 60

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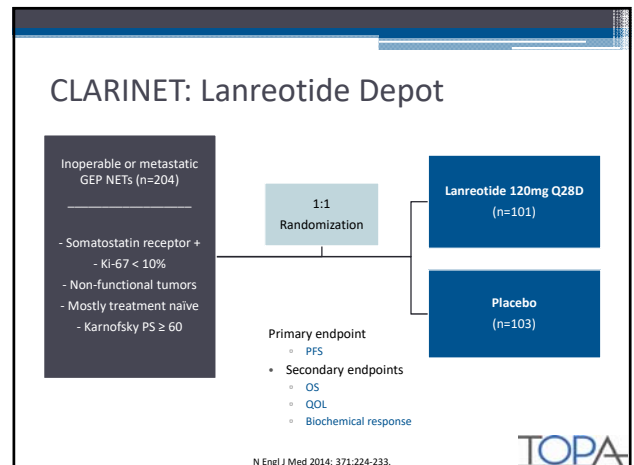
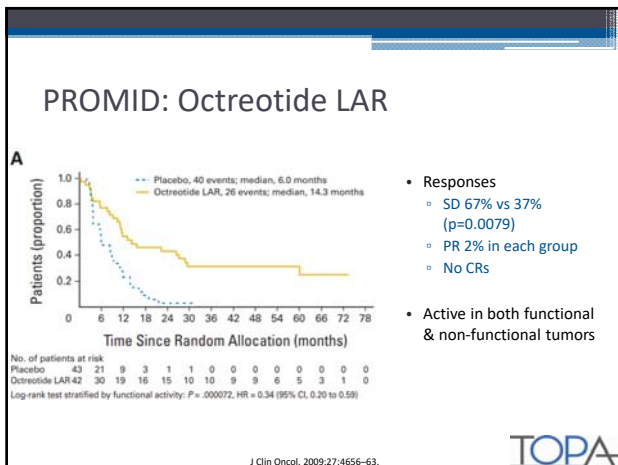
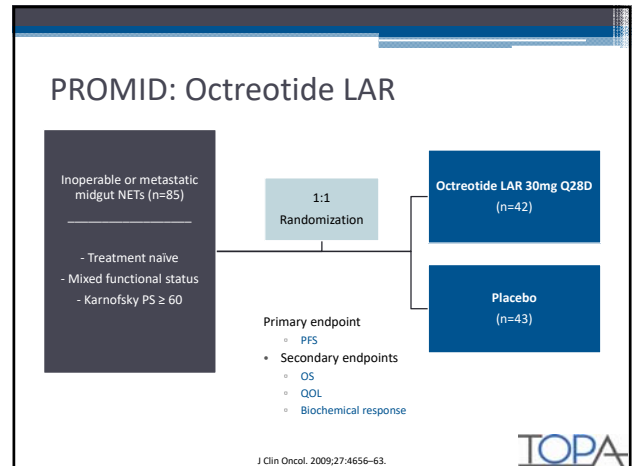
## Antiproliferative Therapies

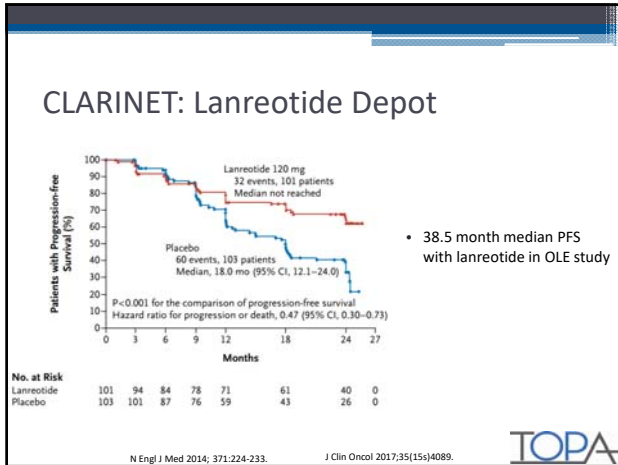
**TOPA**

### Treatment Concepts

- Approaches vary depending on:
  - Extent of metastatic involvement, symptomatic burden, & tempo of progression
  - Primary location of tumor
  - Histologic grade
  - Somatostatin receptor avidity
  - Hormonal activity of the tumor
  - Patient specific characteristics
- Systemic categories
  - Somatostatin analogues
    - Octreotide, lanreotide
  - Targeted therapy
    - Sunitinib, everolimus
  - Peptide receptor radionuclide therapy (PRRT)
    - Lu-177 dotatate
  - Cytotoxic chemotherapy
    - Capecitabine + temozolomide, platinum + etoposide, streptozocin
  - Interferon

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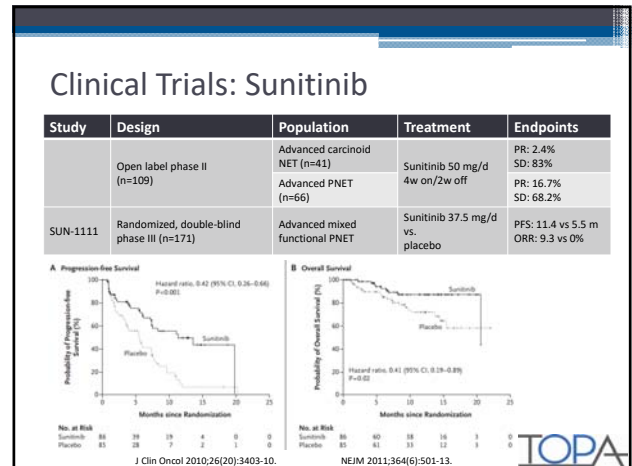
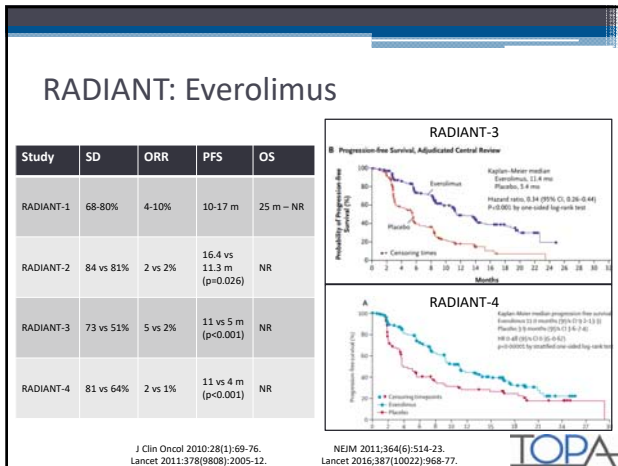




### RADIANT: Everolimus

Study	Design	Population	Treatment	Endpoints
RADIANT-1	Open label phase II (n=160)	Advanced PNET w/ PD on chemo	Everolimus +/- octreotide LAR	P: ORR S: PFS, OS
RADIANT-2	Randomized, double-blind phase III (n=429)	Advanced NET w/ carcinoid symptoms	Octreotide LAR +/- everolimus	P: PFS S: OS, ORR, S-HIAA, CgA
RADIANT-3	Randomized, double-blind phase III (n=410)	Advanced PNET after PD	Everolimus vs. placebo	P: PFS S: OS, ORR
RADIANT-4	Randomized, double-blind phase III (n=302)	Advanced GI & lung non-functioning NET	Everolimus vs. placebo	P: PFS S: OS, ORR, CgA

J Clin Oncol 2010;28(1):69-76. Lancet 2011;378(9808):2005-12. NEJM 2011;364(6):514-23. Lancet 2016;387(10022):968-77.

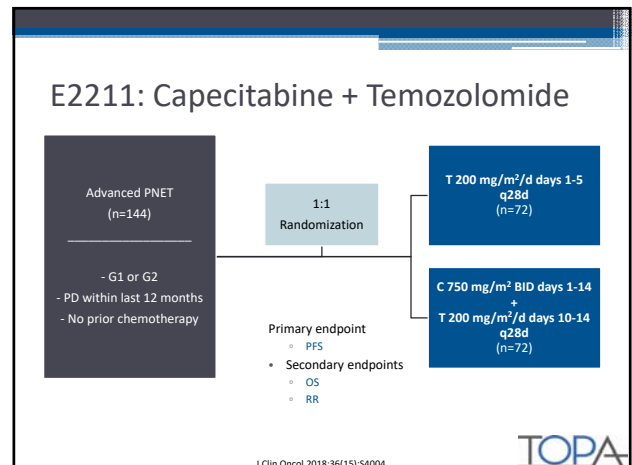


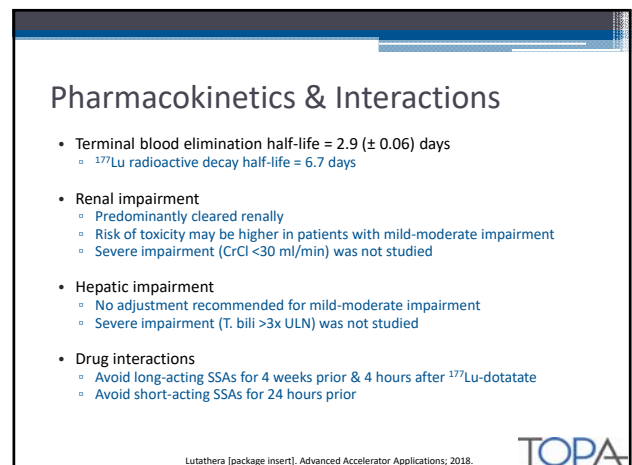
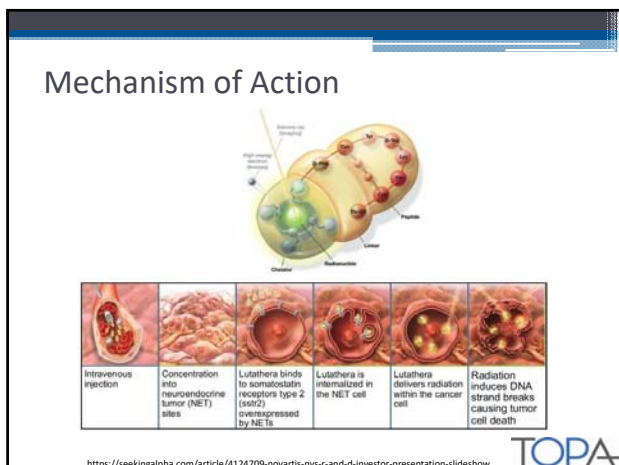
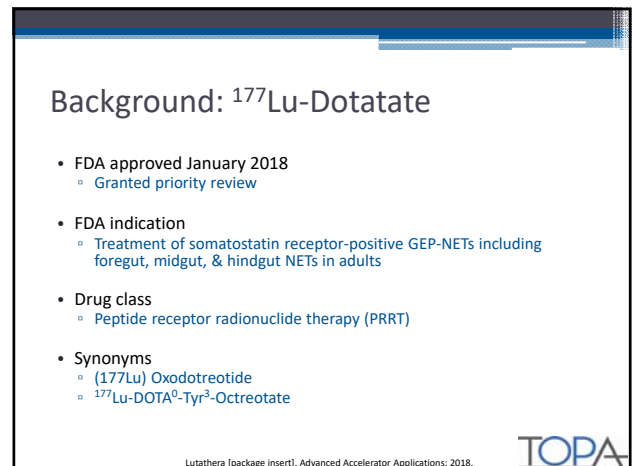
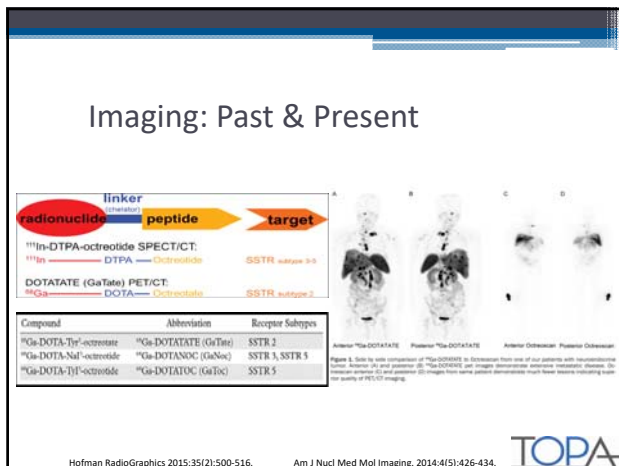
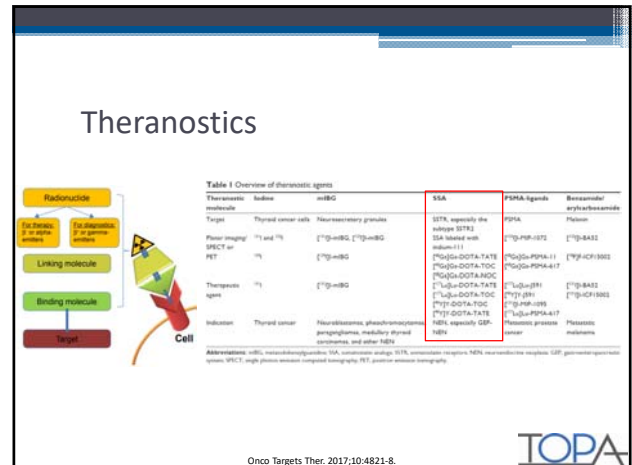
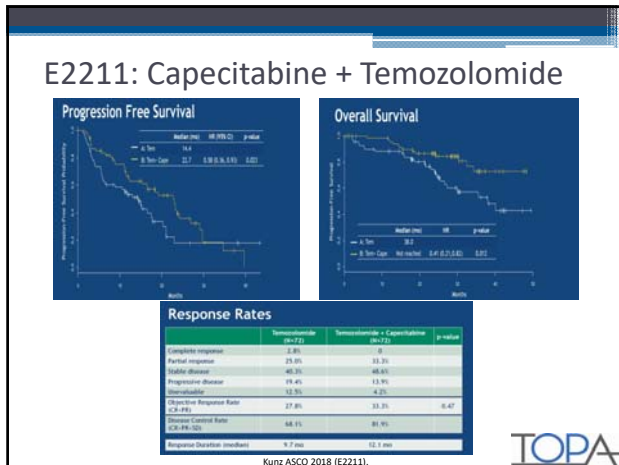
### Role of Cytotoxic Chemotherapy

Prospective clinical trials of chemotherapy of PNETs.

Design	Treatment	n	RR	Median OS	Reference
Phase II	Streptozocin	52	37%		Broder et al. Ann Intern Med 1973
Phase III	Streptozocin	42	36%	16.5 mo	Moore et al. NCI J Clin Oncol 1990
Phase III	Streptozocin 5-FU	42	63%*	26 mo	Moore et al. NCI J Clin Oncol 1992
Phase III	Streptozocin Docetaxel	38	69%*	26.4 mo**	Moore et al. NCI J Clin Oncol 2001
Phase II	Streptozocin 5-FU	34	47%	18.8 mo	Moore et al. Cancer 1991
Phase II	Chloroquine	33	32%	18 mo	Moore et al. Cancer 1991
Phase II	Cyclophosphamide	14	0%		Moore et al. Cancer 1991
Phase II	Cyclophosphamide 5-FU streptozocin	47	38%		Tanaka et al. Br J Cancer 2010
Phase II	Dacarbazine	30	34%	19.3 mo	Kawashima et al. Ann Oncol 2001
Phase II	Capecitabine oxaliplatin	27	30%		Bartsch et al. Cancer Chemother Pharmacol 2011
<b>Chemotherapy plus alternative molecular targeting of PNETs</b>					
Phase II	Temozolomide thalidomide	11	45%	24 mo	Kelley et al. J Clin Oncol 2006
Phase II	Temozolomide bevacizumab	15	33%	41.7 mo	Kelley et al. J Clin Oncol 2012
Phase II	Temozolomide everolimus	24	33%		Kelley et al. GI Cancer Symposium 2010
Phase II	Streptozocin 5-FU bevacizumab	34	52%	NR	Seitz et al. ESMO 2012

Clin Med Insights Oncol 2012;6:381-93.





## Dosing

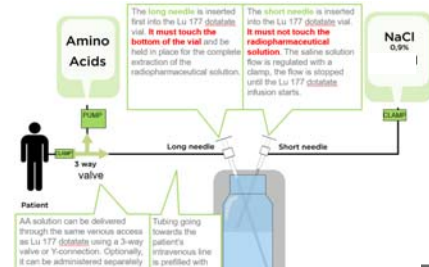
- <sup>177</sup>Lu-dotatate 7.4 GBq (200 mCi) every 8 weeks x 4 doses
  - 77% of patients in trial were able to receive all 4 doses
  - Dose adjustments for adverse events
    - Withhold dose & resume at 50% once resolved
    - Thrombocytopenia (grade 2-4)
    - Anemia & neutropenia (grade 3-4)
    - Renal toxicity (CrCl < 40 mL/min or 40% change in baseline)
    - Hepatotoxicity (T. bili > 3x ULN, or hypoalbuminemia + coagulopathy)
- Premedication & concomitant medications
  - Antiemetics 1 hour prior
  - Amino acid infusion x 4 hours starting 30 minutes prior
  - Octreotide LAR 30mg 4-24 hours after

Strosberg J, et al. *N Engl J Med* 2017; 376:125-135.  
Lutathera [package insert]. Advanced Accelerator Applications; 2018.



## Administration Considerations

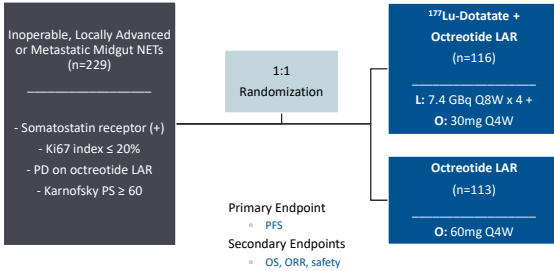
- Follow currently adopted practices for IV administration of radiopharmaceuticals



Lutathera [package insert]. Advanced Accelerator Applications; 2018.



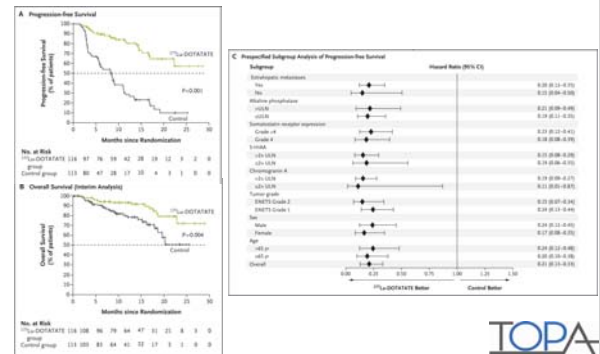
## NETTER-1: <sup>177</sup>Lu-Dotatate



Strosberg J, et al. *N Engl J Med* 2017; 376:125-135.



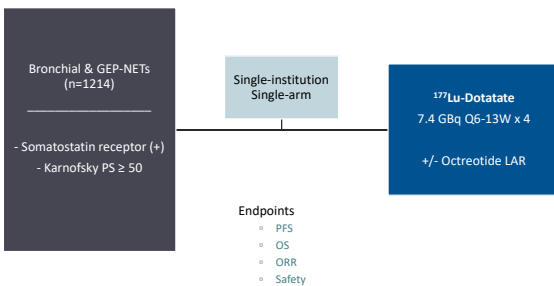
## NETTER-1: <sup>177</sup>Lu-Dotatate



Strosberg J, et al. *N Engl J Med* 2017; 376:125-135.



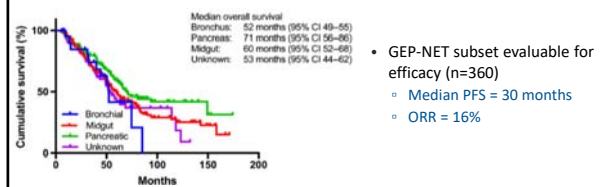
## ERASMUS: <sup>177</sup>Lu-Dotatate



Brabander T, et al. *Clin Cancer Res* 2017; 23:4617-24.  
Lutathera [package insert]. Advanced Accelerator Applications; 2018.



## ERASMUS: <sup>177</sup>Lu-Dotatate



Brabander T, et al. *Clin Cancer Res* 2017; 23:4617-24.  
Lutathera [package insert]. Advanced Accelerator Applications; 2018.



## PRRT: Shrinking is Possible

**Table 1** Tumor responses in patients with gastroenteropancreatic neuroendocrine tumors, treated with different radiolabeled somatostatin analogs.

Center (reference)	Ligand	n	Tumor response					
			CR	PR	MR	SD	PD	CR+PR (%)
Rotterdam (6)	<sup>111</sup> In-DTPA <sup>3</sup> octreotide	26	0	0	5 (19%)	11 (42%)	10 (38%)	0
New Orleans (7)	<sup>111</sup> In-DTPA <sup>3</sup> octreotide	26	0	2 (8%)	NA	21 (81%)	3 (12%)	8
Milan (13)	<sup>90</sup> Y-DOTA <sup>3</sup> Tyr <sup>3</sup> octreotide	21	0	6 (29%)	NA	11 (52%)	4 (19%)	29
Basel (14, 15, 41)	<sup>90</sup> Y-DOTA <sup>3</sup> Tyr <sup>3</sup> octreotide	74	3 (4%)	15 (20%)	NA	48 (65%)	8 (11%)	24
Basel (15, 41)	<sup>90</sup> Y-DOTA <sup>3</sup> Tyr <sup>3</sup> octreotide	33	2 (6%)	9 (27%)	NA	19 (57%)	3 (9%)	33
Multicenter (1)	<sup>90</sup> Y-DOTA <sup>3</sup> Tyr <sup>3</sup> octreotide	58	0	5 (9%)	7 (12%)	33 (61%)	10 (19%)	9
Multicenter (2)	<sup>90</sup> Y-DOTA <sup>3</sup> Tyr <sup>3</sup> octreotide	90	0	4 (4%)	NA	63 (70%)	11 (12%)	4
Copenhagen (2)	<sup>90</sup> Y-DOTA <sup>3</sup> Tyr <sup>3</sup> octreotide	53	2 (4%)	10 (19%)	NA	24 (45%)	7 (13%)	23
Warsaw (4)	<sup>90</sup> Y-DOTA <sup>3</sup> Tyr <sup>3</sup> octreotide	58	0	13 (23%)	NA	44 (73%)	3 (5%)	22
Rotterdam (5)	<sup>177</sup> Lu-DOTA <sup>3</sup> Tyr <sup>3</sup> octreotate	310	5 (2%)	86 (28%)	51 (16%)	107 (35%)	61 (20%)	29
Gothenburg (42)	<sup>177</sup> Lu-DOTA <sup>3</sup> Tyr <sup>3</sup> octreotate	26	0	6 (23%)	NA	8 (30%)	2 (7%)	38
Lund (43)	<sup>177</sup> Lu-DOTA <sup>3</sup> Tyr <sup>3</sup> octreotate	12	0	2 (17%)	3 (25%)	5 (40%)	2 (17%)	17
Milan (10)	<sup>177</sup> Lu-DOTA <sup>3</sup> Tyr <sup>3</sup> octreotate	42	1 (2%)	12 (29%)	9 (21%)	11 (26%)	9 (21%)	31

CR, complete response; PR, partial response; MR, minor response; SD, stable disease; PD, progressive disease.

Eur J Endocrinol. 2015;172:R1-R8



## Safety Profile

- Warnings/Precautions
  - Myelosuppression
  - Secondary malignancies (0.5-2.7%)
  - Renal toxicity
    - Requires amino acid co-infusion
  - Hepatotoxicity (<1%)
  - Neuroendocrine hormonal crisis (1%)
  - Embryo-fetal toxicity & infertility

**Table 4. Adverse Events (Safety Population)\***

Event	<sup>177</sup> Lu-Dotatate Group (N=115)		Control Group (N=118)		P Value
	Any Grade	Grade 3 or 4	Any Grade	Grade 3 or 4	
	number of patients (n)		number of patients (n)		
<b>Any adverse event</b>	105 (91)	46 (40)	92 (78)	36 (31)	0.02
<b>Gastrointestinal disorders</b>					
Nausea	43 (37)	4 (4)	19 (16)	2 (2)	<0.001
Abdominal pain	29 (25)	4 (4)	11 (9)	1 (1)	<0.001
Diarrhea	32 (28)	1 (1)	21 (18)	1 (1)	0.11
Constipation	14 (12)	0	10 (8)	0	0.84
<b>General disorders</b>					
Fatigue or asthenia	44 (38)	2 (2)	28 (24)	2 (2)	0.03
Edema peripheral	18 (16)	0	4 (3)	0	0.12
<b>Musculoskeletal disorders</b>					
Thrombocytopenia	28 (24)	2 (2)	1 (1)	0	<0.001
Arthralgia	28 (24)	0	4 (3)	0	0.04
Myalgia	30 (26)	0	2 (2)	0	<0.001
Leg pain	11 (10)	1 (1)	1 (1)	0	0.003
Neuropathy	4 (3)	1 (1)	1 (1)	0	0.12
<b>Neuroendocrine disorders</b>					
Neuroendocrine crisis	32 (28)	2 (2)	22 (19)	1 (1)	0.14
<b>Metabolic disorders</b>					
Hyponatremia	20 (18)	0	4 (3)	1 (1)	0.04
<b>Respiratory disorders</b>					
Dyspnea	18 (16)	0	1 (1)	0	0.007
<b>Systemic disorders</b>					
Infusion-related reaction	10 (9)	0	4 (3)	0	0.022
<b>Vascular disorders</b>					
Flushing	14 (12)	1 (1)	10 (8)	0	0.12
<b>Sex disorders</b>					
Amenorrhea	13 (11)	0	2 (2)	0	0.01
<b>Respiratory disorders</b>					
Cough	10 (9)	0	4 (3)	0	0.02

Strosberg J, et al. *Eng J Med* 2017; 376:125-135.  
Lutathera [package insert]. Advanced Accelerator Applications; 2018.



## Quality of Life Outcomes

**Table 2.** HR for Time to Deterioration, Time to Deterioration From Highest Score, and Time Until Definitive Deterioration: Comparison of Treatment Arms

Domain	Time to Deterioration From Baseline (primary analysis)		Time to Deterioration From Highest Score		Time Until Definitive Deterioration (or death)	
	HR (95% CI)	P	HR (95% CI)	P	HR (95% CI)	P
<b>Global health scale</b>	0.41 (0.24 to 0.69)	<.001	0.41 (0.26 to 0.64)	<.001	0.39 (0.24 to 0.63)	<.001
Body image	0.43 (0.23 to 0.83)	.006	0.44 (0.25 to 0.78)	.004	0.44 (0.26 to 0.74)	.007
Diarrhea	0.47 (0.26 to 0.85)	.011	0.49 (0.29 to 0.84)	.001	0.43 (0.26 to 0.70)	.001
Physical functioning	0.52 (0.30 to 0.89)	.015	0.69 (0.43 to 1.10)	.118	0.47 (0.29 to 0.78)	.002
Disease-related worries	0.57 (0.36 to 0.91)	.018	0.53 (0.35 to 0.80)	.002	0.46 (0.28 to 0.75)	.001
Pain	0.52 (0.34 to 0.80)	.005	0.52 (0.35 to 0.78)	.001	0.42 (0.26 to 0.72)	.002
Role functioning	0.58 (0.35 to 0.96)	.030	0.68 (0.43 to 1.08)	.100	0.41 (0.25 to 0.68)	<.001
Fatigue	0.62 (0.40 to 0.96)	.030	0.63 (0.43 to 0.93)	.017	0.70 (0.45 to 1.09)	.106
Constitution	0.58 (0.27 to 1.13)	.094	0.57 (0.30 to 1.11)	.092	0.56 (0.32 to 0.99)	.042
Social functioning	0.67 (0.41 to 1.09)	.100	0.63 (0.41 to 0.97)	.034	0.48 (0.30 to 0.78)	.001
GI scale	0.66 (0.40 to 1.15)	.147	0.65 (0.42 to 1.00)	.045	0.51 (0.31 to 0.82)	.005
Insomnia	0.70 (0.42 to 1.18)	.175	0.62 (0.39 to 1.00)	.042	0.59 (0.37 to 0.95)	.026
Treatment scale	0.70 (0.39 to 1.27)	.237	0.76 (0.43 to 1.30)	.297	0.42 (0.24 to 0.73)	.002
Musculoskeletal pain symptoms	0.74 (0.42 to 1.28)	.276	0.61 (0.38 to 0.95)	.028	0.63 (0.38 to 1.04)	.067
Appetite loss	0.72 (0.28 to 1.36)	.280	0.67 (0.38 to 1.18)	.187	0.63 (0.28 to 0.86)	.008
Emotional functioning	0.73 (0.40 to 1.26)	.300	0.59 (0.37 to 0.95)	.027	0.52 (0.30 to 0.91)	.020
Social function scale	0.84 (0.51 to 1.39)	.494	0.68 (0.45 to 1.02)	.060	0.52 (0.32 to 0.87)	.011

J Clin Oncol 2018;36:2578-84.



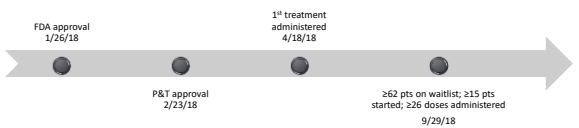
## Cost Comparison

Regimen	Medication	Dosing	Cost Per Dose (WAC)	Cost Per Patient/Year
PRRT	<sup>177</sup> Lu-dotatate	7.4 Gbq Q8W x 4	\$47,500	\$190,000
	Antiemetics + amino acids		~\$280	\$1,120
	<b>Total</b>			<b>\$47,780</b>
Other Treatments	Octreotide LAR	30 mg IM Q4W	\$5,974	\$71,688
	Lanreotide	120mg SC Q4W	\$7,249	\$86,988
	Everolimus	10mg PO Qday	\$14,543/month	\$174,516

- <sup>177</sup>Lu-dotatate
  - Medicare patients expected to have significant out-of-pocket costs
  - Patient assistance program is limited
  - Cancellation fee may be applied



## PRRT Implementation & Planning



- Key stakeholders
  - Pharmacy (oncology, radio, etc.)
  - Medical oncology
  - Nuclear medicine/radiology
  - Radiation safety
  - Nursing
  - Finance/billing
  - Hospital administration
  - Informatics
  - Administrative staff
- Decisions
  - Treatment location
  - Workflow
  - Amino acid solution
  - Split treatment days
  - IV access
  - Foley catheter
  - Scaling capability
  - Waitlist management
  - PA process



## PRRT Implementation & Planning

- Weekly meetings & periodic conference calls with leadership & key stakeholders
- Creation of shared folder for Lutathera working group
  - Pre-screening waitlist & patient calendar
- Drug shortage meetings for amino acids
- Informatics updates
- Inservices provided to pharmacy, infusion & clinic nurses
  - Radiation safety learning exchange module
- Creation of standardized discharge instructions by radiation safety
- Monitoring status of reimbursement
- My role & responsibilities
  - Serve as a liaison between pharmacy, medical oncology, nuclear medicine, nursing, finance, scheduling, etc.
  - Maintain/update prescreening waitlist & treatment calendar
  - Arrange treatment initiation
  - Draft orders & beacon plan
  - Patient & clinician education
  - Evaluate labs, patient status, & need for plan modifications
  - Request outside records when necessary



## Treatment Overview

**NCCN Guidelines Version 2.2018**  
**Neuroendocrine Tumors of the Gastrointestinal Tract, Lung, and Thymus (Carcinoid Tumors)**

MANAGEMENT OF LOCOREGIONAL ADVANCED DISEASE AND/OR DISTANT METASTASES<sup>1</sup>  
**GASTROINTESTINAL TRACT**

**EVALUATION<sup>2,c</sup>**

Locoregional advanced disease of the GI tract and/or distant metastases

- Multiphasic abdominal/pelvic CT or MRI
- Chest CT (± contrast) as clinically indicated
- Somatostatin receptor-based imaging (ie, <sup>68</sup>Ga-dotatate PET) CT\* [preferred] or somatostatin receptor scintigraphy)
- Biochemical evaluation as clinically indicated<sup>d</sup>

**TREATMENT<sup>3</sup>**

If complete resection possible<sup>3,a</sup> → Resect primary<sup>3</sup> + metastases<sup>3,b</sup> → Refer to surveillance for appropriate primary disease sites (See NET-1 through NET-5)

If disease progression<sup>3,b</sup>: Everolimus<sup>3,b</sup> (10 mg/d) or PRRT with <sup>177</sup>Lu-dotatate, if somatostatin receptor positive imaging (category 1 for mid-gut tumors)<sup>3,a</sup>

If disease progression (Octreotide<sup>3,h</sup> or lanreotide<sup>3,h</sup>) (if not already receiving) → Hepatic-directed therapy for hepatic-predominant disease: Arterial embolization, or Hepatic radioembolization (category 2B), or Cytoreductive surgery/ablative therapy<sup>3,b</sup> (category 2B) or Interferon alfa-2b<sup>3</sup> (category 3) or Cytotoxic chemotherapy<sup>3</sup> (category 3), if no other options feasible.

Observe with markers and abdominal/pelvic multiphasic CT or MRI every 3-12 mo, and chest CT (± contrast) as clinically indicated or Octreotide<sup>3,h</sup> or lanreotide<sup>3,h</sup>

Follow with abdominal/pelvic multiphasic CT or MRI every 3-12 mo, and chest CT (± contrast) as clinically indicated

(Consider resection of primary tumor<sup>3</sup>)

Octreotide<sup>3,h</sup> or lanreotide<sup>3,h</sup>

Asymptomatic, low tumor burden

Locally symptomatic from primary tumor

Clinically significant tumor burden

<sup>a</sup>See Principles of Biochemical Testing (NE-8)

[https://www.nccn.org/professionals/physician\\_gls/pdf/neuroendocrine.pdf](https://www.nccn.org/professionals/physician_gls/pdf/neuroendocrine.pdf)

**TOPA**

## Treatment Overview

**NCCN Guidelines Version 2.2018**  
**Neuroendocrine Tumors of the Pancreas**

MANAGEMENT OF LOCOREGIONAL ADVANCED DISEASE AND/OR DISTANT METASTASES<sup>1</sup>  
**PANCREAS**

**EVALUATION<sup>2</sup>**

Locoregional advanced disease and/or distant metastases

- Abdominal/pelvic multiphasic CT or MRI and chest CT (± contrast) as clinically indicated
- Somatostatin receptor-based imaging (ie, <sup>68</sup>Ga-dotatate PET) CT\* [preferred] or somatostatin receptor scintigraphy)
- Biochemical evaluation as clinically indicated (See NE-8)<sup>d</sup>

**TREATMENT<sup>3</sup>**

If complete resection possible<sup>3,a</sup> → Resect metastases + primary<sup>3</sup> → See Surveillance (PanNET-6)

Asymptomatic, low tumor burden, and stable disease

- Observe with markers and abdominal/pelvic multiphasic CT or MRI every 3-12 mo and chest CT (± contrast) as clinically indicated
- Consider octreotide<sup>3,y</sup> or lanreotide<sup>3,y</sup>

Symptomatic or Clinically significant tumor burden or Clinically significant progressive disease

- Manage clinically significant symptoms as appropriate (PanNET-1, PanNET-2, PanNET-3, PanNET-4, and PanNET-5)

If disease progression, consider octreotide<sup>3,y</sup> or lanreotide<sup>3,y</sup> (if not already receiving)

- Clinically significant progressive disease, see below
- If disease progression<sup>3</sup>: Everolimus<sup>3</sup> (10 mg/d) or Sunitinib<sup>3</sup> (37.5 mg/d) or PRRT with <sup>177</sup>Lu-dotatate, if somatostatin receptor positive imaging<sup>3</sup> or Cytotoxic chemotherapy<sup>3</sup> or Consider a hepatic-directed therapy for hepatic-predominant disease: Arterial embolization, or Hepatic radioembolization (category 2B), or Cytoreductive surgery/ablative therapy (category 2B)

<sup>a</sup>Multiphasic imaging studies are performed with IV contrast.

<sup>b</sup>See Principles of Biochemical Testing (NE-8).

[https://www.nccn.org/professionals/physician\\_gls/pdf/neuroendocrine.pdf](https://www.nccn.org/professionals/physician_gls/pdf/neuroendocrine.pdf)

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## Remaining Questions & Future Directions

- How early should PRRT be utilized?
- What is the preferred sequence of therapy?

Treatment	Phase	Patient Population
<sup>177</sup> Lu-dotatate	II	Inoperable Pheochromocytoma/Paraganglioma
Nivolumab + <sup>177</sup> Lu-dotatate	I/II	Extensive-Stage Small Cell Lung Cancer
Sunitinib vs. <sup>177</sup> Lu-dotatate	II	Advanced PNET
Everolimus vs. <sup>177</sup> Lu-dotatate	III	Advanced GEP-NETS
<sup>177</sup> Lu-dotatate + capecitabine	I/II	Advanced GEP-NET
Pazopanib + temozolomide	II	Advanced PNET
PEN-221 (SSA-DM1 conjugate)	II	Advanced GEP or lung NETs
Cobozantinib vs. placebo	III	Advanced GEP or lung NETs after PD on everolimus

<http://www.clinicaltrials.gov>



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## Conclusions

- Telotristat improves frequency of diarrhea in patients with carcinoid syndrome, & should be utilized in conjunction with other supportive care strategies
- SSAs, everolimus, sunitinib, capecitabine/temozolomide, & PRRT demonstrate anti-proliferative properties & play a significant role in the treatment patients with advanced GEP-NETS
- <sup>68</sup>Ga-dotatate & <sup>177</sup>Lu-dotatate are a revolutionary theranostic pair, however, candidate selection & timing are important considerations
- Implementation & coordination of a <sup>177</sup>Lu-dotatate program is a challenge & requires multidisciplinary strategic planning

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## Acknowledgements

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